



Shelby County

a program of HandsOn West Central Ohio

2nd Quarter 2010

Dear RSVP Volunteers,

My name is Rhonda Forsythe and I am the new Volunteer Coordinator here in Shelby County for HandsOn West Central Ohio. Although I am new to this position in Shelby County, I have been serving the residents of Logan County through HandsOn West Central Ohio since November.

I would like to tell you a little about myself. I was born and raised in Logan County and currently live in Jackson Center with my husband, John, and my two sons, Joseph and Jonathan. I have an adult daughter who is married and living with her husband and three children in Walnut Creek, California. I also have an adult son who has a daughter and resides in Wapakoneta.

I have worked with volunteers in the past, first with volunteers providing activities and outings for adults with developmental disabilities in a residential setting. Next, I worked with Logan County volunteers helping in the donations warehouse set up to assist victims of Hurricane Katrina. In 2006, I became the Program Manager for Logan County Citizen Corps, and I continue to assist them in developing their CERT (Citizen Emergency Response Teams), MRC (Medical Reserve Corps) and Neighborhood Watch programs. I also volunteer for Shelby County CASA as a child's voice in court and as a member of their board. Through my experience I have found volunteers to be the most devoted, dependable and enthusiastic people to work with.

I am excited to be in this new position. I cannot wait to get out and meet all of you volunteers who so generously give of your time, energy and experience to help your communities.

Sincerely,



Rhonda Forsythe,

HandsOn West Central Ohio Volunteer Coordinator



Please contact HandsOn West Central Ohio at 937.497.0643 or e-mail RForsythe@councilonruralservices.org
HandsOn West Central Ohio 129 E. Court St. Sidney, OH 45365



Become a fan of HandsOn West Central Ohio or follow us!



Can't get enough of volunteering? Become a fan of HandsOn West Central Ohio on Facebook to receive important updates, inspirational quotes and special news about our program. Simply visit www.facebook.com/handsonwestcentralohio, log in to your Facebook account and click on the link to become a fan.

Our program also posts updates via Twitter. Visit www.twitter.com/handsonwco, log in to your account and click the link to follow our updates.

Join other RSVP volunteers today and correspond via these two neat social networks.

Thank you to The Styling Company and Hits 105.5!

The Styling Company, a full-service walk-in salon, located at 2266 West Michigan Avenue in Sidney, helped us show appreciation for those who took time out of their busy holiday schedules to volunteer for a local nonprofit organization. The Styling Company, in partnership with Hits 105.5 of Sidney, offered coupons for free haircuts to anyone in Shelby County volunteering at least four hours during the month of December. Forty-four coupons were distributed to local volunteers, including many RSVP volunteers. HandsOn West Central Ohio would like to thank The Styling Company and Hits 105.5 for their efforts in promoting volunteerism.

Volunteer at your Leisure

Sharing your time as a volunteer is sometimes tricky to fit into your schedule, but one local nonprofit organization is making it easier for volunteers to help out on a less frequent basis.

HandsOn West Central Ohio needs individuals to place their name on a list to be contacted when special volunteer opportunities arise. Being added to the "on call" list does not mean that you would be contacted every time an opportunity presents itself; and this is a flexible volunteer position. These short-term opportunities might consist of assembling mailings, assisting with registration at various meetings and events, or providing extra manpower during community events.



Having a list of volunteers willing and able to be contacted with relatively short notice for opportunities allows local non-profits to maximize the impact that they make on our community.

To learn more about this volunteer opportunity or other opportunities within our community, please contact HandsOn West Central Ohio at (937) 497-0643 or visit www.handsonwestcentralohio.org.

Be Counted in 2010

Census Day is April 1, 2010, and the U.S. Census Bureau is issuing this call to action for every U.S. resident: Be counted in 2010!

The U.S. Constitution requires a national census once every 10 years. With only 10 questions, the 2010 Census questionnaire is one of the shortest in history, and takes about 10 minutes to complete. By law, the Census Bureau cannot share an individual's census questionnaire responses with anyone, including other federal agencies and law enforcement entities.

Importance of a Complete Census Count

- Every year, the federal government can allocate more than \$300 billion to states and communities based, in part, on census data.
- Census data guide local decision-makers on where to build new roads, hospitals, housing, childcare and senior citizen centers, schools and more.
- Census data determine how many seats each state will have in the U.S. House of Representatives.

Timeline

- March 2010: Census questionnaires will be delivered to households via U.S. mail.
- Early April 2010: Replacement questionnaires will be mailed.
- May – July 2010: Census workers will visit households that do not return questionnaires. To avoid a knock on your door, complete your form and mail it back.
- December 2010: Census Bureau delivers population counts to the President for apportionment.
- March 2011: Census Bureau completes delivery of redistricting data to states.

For more information, visit www.2010census.gov.

This information is a public service message of the Area Agency on Aging, PSA 2.

Advocate for Children

In our society, all children should be in a safe loving environment. Unfortunately, that is not always the case.

Shelby County CASA/GAL Program (Court Appointed Special Advocate/Guardian Ad Litem) is making a real impact in the lives of children who are in the juvenile justice system as the result of abuse, neglect and/or dependency. This program needs an unlimited number of volunteers to be a voice for these children. Volunteers must be at least 21 years of age and attend a screening interview, court observation, pre-service and in-service training sessions. Volunteers must also agree to a minimum time commitment of two hours per month.

“All children need a safe loving home. Unfortunately, some children are abused and neglected by their own parents or caregivers,” says Bridget Davis, Director. “When the court must intervene to help these children, someone should be there to tell their story. You could be that person.”

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National Volunteer Week and Annual RSVP Volunteer Recognition

Join HandsOn West Central Ohio, including the Retired and Senior Volunteer Program, as we celebrate National Volunteer Week 2010 with a county-wide recognition of volunteers on Friday, April 23, from 11:30 a.m. to 1 p.m. in Sidney. This year's theme will be Celebrating People in Action.

In addition to recognizing the amazing efforts of RSVP volunteers in Shelby County, HandsOn West Central Ohio will also recognize other members of the community who share their time and talents as volunteers. The program will also include a proclamation of National Volunteer Week in Shelby County, distribution of awards, speakers and more. Joe Laber, morning host of Hits 105.5, will emcee this event.

Awards will be distributed on a county-wide basis to the RSVP Volunteer of the Year, Community Volunteer of the Year, Agency Partner of the Year and the Corporate Good Citizen award. In addition, HandsOn West Central Ohio will name a regional recipient of a new award, the Voice for Volunteering. This award will be given to a member of the media who raises awareness about the importance of volunteering in Darke, Logan, Miami and Shelby Counties.



National Volunteer Week presents an opportunity for individuals, families, nonprofit organizations and government entities alike to celebrate the ordinary people who accomplish extraordinary things through service. This national celebration embodies the energy and power volunteers evoke on a daily basis as they lead by example – not only encouraging the people they help, but motivating others to serve as well.

To reserve your space for this important event, please contact HandsOn West Central Ohio by calling (937) 497-0643 before April 7. RSVP volunteers who served in 2009 may attend this event for free. Guests may also register for a fee of \$12 per person.

Accessing Social Security Services Information

Need information about Social Security benefits? Visit the Social Security Administration online at www.socialsecurity.gov. From this Web site you may apply for retirement, estimate your retirement benefits, use benefit planners, sign up for E-mail updates, sign up for direct deposit and more.

You may also contact the agency by calling 1-800-772-1213. This automated system will allow you to get a Social Security card application, locate your nearest field office, get proof of your benefit amount and more.

Give a Day. Get a Disney Day.

There are so many reasons to celebrate. Birthdays. Anniversaries. Reunions. Or any of life's most special moments. But this year, Disney Parks has teamed up with HandsOn Network to celebrate something new and that's the good things people do for their communities. In 2010, Disney wanted to inspire one million people to volunteer a day of service to a participating organization in their communities and celebrate their good works by giving each of them one day admission to a theme park at Disneyland® Resort or Walt Disney World® Resort, free.

Guests visited www.disneyparks.com to search for volunteer opportunities made available through HandsOn Network and to sign up for a day of volunteer service. As the nation's largest volunteer network, HandsOn Network has 250 on-the-ground volunteer action centers across the country, like HandsOn West Central Ohio, and connects volunteers to more than 70,000 nonprofit agencies that need their help. Many of the opportunities were projects that entire families participated in together.

One million tickets have been distributed to volunteers nationally, with nearly 900 tickets awarded in our region. HandsOn West Central Ohio is excited to have been a part of this program which has now ended.

To learn more, just visit www.disneyparks.com.

Joined Hearts in Giving

Joined Hearts in Giving Honorees John and JoAnn Covelli Attend Eleventh Annual Valentines Day Reception at Governor's Residence on February 12



First Lady Francis Strickland and the Ohio Department of Aging honored 22 Ohio couples for their dedication to marriage and volunteerism.

Mr. and Mrs. Covelli have been married almost 50 years and dedicate their time to helping others in Shelby County. John volunteers more than 35 hours a week at the Agape Distribution Center, assembling or repairing donated children's toys and furniture, which are sold to partner non-profit organizations. John's 1,800 hours of volunteerism since 2003 provides a source of income that Agape never had before. JoAnn was on the committee that

established the Mobile Rural Food Pantry in June 2009. She assists hospice with fundraising, attends patient care conferences and is a friendly visitor to hospice patients. She has volunteered more than 800 hours with multiple non-profit organizations in Shelby County. For more than 10 years, JoAnn also has prepared dinners at Sidney's Alpha Community Center supper for low-income families. In addition, the Covellis helped establish a neighborhood watch program. Both John and JoAnn serve as RSVP volunteers through HandsOn West Central Ohio.

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Calendar of Events

April

- 5-9 Painting Workshop with Neal Hughes 4:30-9pm, Botkins High School contact Dan Knepper 937-693-4241
- 7 Walking Tour of Downtown Sidney in the 1960's, 6:30pm, Ross Historical Center
- 9: Evening with the Arts and Art Auction, Botkins High School 5pm, \$5 includes dinner, contact Dan Knepper 937-693-4241
- 18-24 National Volunteer Week
- 23 Annual Volunteer Recognition from 11:30 a.m. to 1 p.m. at Sidney American Legion
- 24 Night at the Races, Jackson Center, www.jacksoncenter.com for more information
- 30 Spring Fling Art Show Opening Reception, www.gatewayartscouncil.org for more information

May

Older Americans Month

- 1-15 10th Annual Spring Fling Fine art Exhibit & Sale, Ross Historical Society, www.gatewayartscouncil.org for more information
- 18 Senior Citizens Day

June

- 2-6 Alumapalooza 2010, Airstream, Jackson Center, www.alumapalooza.com for more information
- 3-6 Jackson Center Community Days, www.jacksoncenter.com for more information
- 5 The Great Sidney Farmer's Market opening Day, Shelby County Court Square, 8-12 every Saturday until Oct. 2nd
- 17 Twilight Tour of Graceland Cemetery, 7 pm, 1001 S. Main Ave. Sidney
- 22 1-3pm RSVP Quarterly Gathering
- 26 1960's Vintage Car Show & Sock Hop, Ross Historical Center, 5 pm, www.ShelbyCountyHistory.org for ticket information
- Kids Around The Square Festival, Shelby County Court Square 9-12

HandsOn West Central Ohio Advisory Council Members:

Sherrie Bradley (Darke County)
Adam Brannon (Logan County)
Doug Eakin (Miami County)
Barb Greiner (Darke County)
Bev Hughes (Darke County)
Kathryn Sherer (Logan County)
Mary Williston (Logan County)

BIRTHDAYS!

April

Deloris Cunningham
Mary Lou Berning
Vivian McDermit
Joan Rinehart
Mary Phlipot
Darlene Overbey
Sharon Hilgefert
Linda Layman
Irvin Brown
Kathryn Billing
Jean Wildermuth
Patricia Mullen
Rosella Eilerman
Peggy Reish
Irene Freisthler
Harold Covault
Margaret Helmlinger
Sandy Brautigam
Kathleen Bensman
Beverly Shroyer
Harold Roeth
Vera Schwartz
Shirleen Wiford
Robert Earnest
Joan Spence
Maggie Wiley
Veronica Counts

May

Phyllis Poeppelman
Nancy Clark
Jeanette Kennedy
Gerilda Evans
Margaret Albers
Dottie Lewis
Ross Moore
Robert Stough
Rita Kueterman
Ron Argabright
Betty White
Janice Davis
Elizabeth Bergman
Dorothy Barlage
Margaret Kessler
Pat Dahlinghaus
Judith Goubeaux
Janet Fischbach
Ralph Boss
Daniel Wiford
Eileen Wiseman

June

Marilyn Ahrns
Anna Coverstone
James Caudill
Juanita Brandewie
Aunalee Moore
Beverly Clawson
Rose Swiger
Lobelia Clemons
Marie Theis
Joyce Cartwright
Barbara McDermit
Ralph Jung
Dot Pequignot
James Mauer
James Wiseman
Marianna Roth

Free Training Available for RSVP Volunteers

Do you coordinate other volunteers for a local nonprofit organization?
Would you like to learn more about how to work effectively with
volunteers?

HandsOn West Central Ohio invites RSVP volunteers serving in Darke, Logan, Miami and Shelby Counties to participate in the Volunteer Management Training Series. This six-course series, used nationally by other nonprofit organizations who want to improve their work with volunteers, will be offered in Darke and Shelby Counties once per month from July through December. Courses include...

- Understanding Volunteering
- Planning a Volunteer Program
- Recruiting and Placing Volunteers
- Orienting and Training Volunteers
- Supervising Volunteers
- Evaluating a Volunteer Program

This series is available to paid staff members of nonprofit organizations for a fee of just \$125, or participants may elect to take a few of the courses for just \$25 each. RSVP volunteers who manage other volunteers, however, are eligible to take the entire series free of charge. Registration is required and space is limited.

To learn more about this exciting opportunity or to register, please contact your HandsOn West Central Ohio volunteer coordinator today.

Martin Luther King, Jr., Day Food Drive



HandsOn West Central Ohio, including the Retired and Senior Volunteer Program (RSVP) thanks the many volunteers and donors who celebrated the legacy of Dr. Martin Luther King, Jr., on January 18, 2010. HandsOn West Central Ohio volunteers, ranging in age from 5 years old to 84 years young, staffed collection barrels throughout the day in Darke, Logan, Miami and Shelby Counties. More than 2,000 nonperishable food items were collected for local food pantries including Alpha Community Center, Community Unity, Our Daily Bread, St. James Food Pantry and The New Path. Thank you also to the following retailers for allowing our volunteers to staff barrels at their businesses:

Darke County

Eikenberry's IGA (Greenville)
Kroger (Greenville)
Marsh Supermarket (Union City)
Sutton's Super Value (Arcanum)

Logan County

Downtown Discount Grocery (Lakeview)
Kroger (Bellefontaine)
Rite Aid (Russells Point)
The Styling Company (Bellefontaine)
Walgreens (Bellefontaine)
YMCA (Bellefontaine)

Miami County

Kroger (Piqua)
Marsh Supermarket (Troy)
Miami Valley Centre Mall (Piqua)
Tipp City Foodtown (Tipp City)
Ulbrich's (Piqua)

Shelby County

Kroger (Sidney)
Sidney Foodtown (Sidney)
The Styling Company (Sidney)
Wagner's IGA (Fort Loramie)

Martin Luther King, Jr., Day is a national day of volunteer service. The Martin Luther King, Jr., Day of Service is a way to transform Dr. King's life and teachings into community service that helps empower and strengthen local communities. The aim is to make the holiday a day ON, where people of all ages and backgrounds come together to improve lives, bridge social barriers, and move our nation closer to the "Beloved Community" that Dr. King envisioned. A record number of Americans honored Dr. King and answered President-elect Obama's call to service by volunteering on January 18, 2010. Americans made it "a day on, not a day off" by delivering meals, refurbishing schools, reading to children, signing up mentors, and much, much more.

HandsOn West Central Ohio, including RSVP, joined this day of service in 2010 and thanks you for helping us make a difference in your community.

Welcome New Volunteers

We would like to welcome the following new RSVP volunteers for 2010 from Shelby County:

Thomas Anderson
Rita Brinkman
Lobelia Clemons
Treva Hicks
Katherine (Kathy) Johnson
Julius Kender

Jeanette Kennedy
Dana Queener
Jenna Spradlin
Ganesan (Sonny) Sundaresan
Marta Toomey

Serve on the RSVP Volunteer Sub-Committee

RSVP volunteers are needed to serve on a new sub-committee of our HandsOn West Central Ohio Advisory Council. Volunteers will help provide valuable input on RSVP programming in Darke, Logan, Miami and Shelby Counties. Meetings are held no more than once per month. Meetings may be held in person or via conference call. RSVP volunteers are needed from each of the counties served by our program.

Interested in helping? Contact Sherry Baker, volunteer coordinator for HandsOn West Central Ohio in Darke County, by calling (937) 548-5220, ext. 211.

You may also email Sherry at sbaker@councilonruralservices.org.

Meet the Volunteer

NAME: Norma Toller

FROM: Fort Loramie

VOLUNTEER SINCE: 2007

VOLUNTEERS FOR: HandsOn West Central Ohio through RSVP, Compassionate Care of Shelby County

WHY SHE VOLUNTEERS AND WHY IT'S IMPORTANT: Norma says she started volunteering to fill the time after retiring as a nurse.

Sweet and Sour Broccoli/Cauliflower Salad Recipe

1 large bunch of broccoli

1 head of cauliflower

1 medium onion

1 pound bacon

1 cup grated cheese

Wash and chop all vegetables. Fry bacon and crumble. Toss chopped vegetables, bacon and grated cheese in bowl. Set aside.

Prepare Dressing:

1 cup sugar

¼ cup flour

1 ½ cup water

2 Tablespoons vinegar

1/3 teaspoon salt

Pepper to taste

1 cup Mayo

1 tablespoon dry mustard

Mix sugar, flour, water, vinegar, salt, and pepper in medium saucepan. Boil mixture until thickened and clear. Cool then add Mayo and dry mustard. Pour over vegetables and toss. Enjoy!!

***Recipe provided by Barb Zacharias, HandsOn West Central Ohio volunteer serving through RSVP in Darke County*



HandsOn
WEST CENTRAL OHIO

HandsOn West Central Ohio
201 Robert M Davis Parkway
Piqua, OH 45356

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Return Service Requested



Volunteer Opportunity

Would you like to help others who are looking for assistance in a downtown office and need help finding their destination?

The Shelby County Annex Building, located on East Court Street in Sidney, needs a volunteer to greet guests from the front desk. The Annex Building has numerous visitors each hour, as people are looking for specific county offices, or have questions about where to go for assistance with specific matters. As a greeter, volunteers will help to answer telephone calls, direct traffic, answer questions, and assist with other simple office tasks so the Shelby County

Annex Building staff members will be able to work more efficiently and serve more people in our area. Volunteers for this position must be 18 years old. This would be a great opportunity for those who would like to volunteer for a few hours each week on a regular basis.

“Volunteers help the Annex run much more efficiently for everyone,” said Jan Snider, receptionist of the Shelby County Annex Building.

To learn more about this volunteer opportunity or other opportunities within our community, please contact HandsOn West Central Ohio at (937) 497-0643 or visit www.handsonwestcentralohio.org.

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